



By California Youth Partnership LLC

Permission Letter

Dear Parents/Guardians:

I want to inform you that we will have a special program called “Hope Rising Shasta” in classes this 2023-2024 school year. The program will cover healthy relationships and provide support to help youth set goals, resist peer pressure and avoid risk behaviors, such as teen pregnancy and alcohol or drug use. The program helps to promote social and emotional well-being for healthy transitions to adulthood.

This program includes content that has been proven effective in helping youth make positive relationship decisions and avoid risk behaviors. The curriculum, and all other program discussions and activities will be age-appropriate, medically accurate, and reflect the culture of the youth being served. This program will not teach or promote religion. The program is supported by federal funds, and as such, the program will involve the following key activities:

- ✓ Curriculum education utilizing Love Notes SRA EBP 3.0, a comprehensive, evidence-based healthy relationship education curriculum that teaches adolescents how to build healthy relationships for school, love, life and work, and plan for a successful future.
- ✓ Surveys to determine if the program is achieving the planned outcomes. The surveys are private, confidential and optional. Your child(ren)’s answers will never be linked to their name. Given the nature of the program, some questions ask about personal attitudes or behaviors, and youth may experience discomfort with these. Your child(ren) may decline the survey or skip any items they wish, and still participate in the program.
- ✓ A Youth Needs Assessment designed to assess youth basic and developmental needs, and a
- ✓ Trauma Screener to assess youth exposure level to trauma related activities.

All of these items are available for preview at:

<https://californiayouthpartnership.org/hope-rising-shasta-overview>.

If you do not wish your child to attend, you may sign and return the opt-out form or remove your child(ren) from the program at any point. If your child legally cannot be photographed, please sign and return the “Photo Permission Opt-Out” page. Please note that Hope Rising Shasta staff are mandated reporters who are required by law to abide by guidelines set by the California Office of Child Abuse Prevention.

We are excited to offer this program, and hope that you find the lessons covered to be a great way to start discussions at home with your child(ren) on these very important topics.

Thank you,

Photo Exemption Form

Hope Rising Shasta
[SCHOOL NAME]

If your child **CANNOT** be photographed, or you do **NOT WANT** your child to be photographed, in the Hope Rising Shasta program but would still like your child to participate:

Please sign below and have your child return this form. Students may be photographed unless we have a signed exemption form.

Please do not photograph my child in this program:

Student Name

(First, last):

Parent/Guardian Name

(First, last):

Parent/guardian Signature:

Date:

Survey Exemption Form

Hope Rising Shasta
[SCHOOL NAME]

If you do **NOT** want your child to participate in the Hope Rising Shasta survey, please sign below and have your child return this form. Students will participate in the survey unless we have a signed exemption form.

Please excuse my child from the survey:

Student Name

(First, last):

Parent/Guardian Name

(First, last):

Parent/guardian Signature:

Date:

Participation Exemption Form
Hope Rising Shasta
[SCHOOL NAME]

If you do **NOT** want your child to participate in the Hope Rising Shasta program, please sign below and have your child return this form. Students will participate in this program unless we have a signed exemption form.

Please excuse my student from the program:

Student Name:

(First, Last):

Parent/Guardian Name:

(First, Last):

Parent/Guardian Signature:

Date:
